

March 18 Consecration Day

Monday March 18 - Consecration Day

Consecration Prayer


“O Jesus, my Eucharistic Lord and King, I love You, I adore You, I worship You, and I desire to consecrate myself totally to You in the Most Blessed Sacrament. Lord, You know all the ways I try to hide from You, all the ways I try to feed my hungry heart on things that don't truly satisfy, and all the ways I try to fill the God-sized hole in my heart as a consumer. But most of all, You know the deepest desire of my heart is to console You in the best way possible by becoming one of Your great Eucharistic saints. Therefore, through the intercession of St. Thérèse of Lisieux, St. Augustine, St. Faustina Kowalska, Bl. Carlo Acutis, St. Teresa of Calcutta, and Bl. Pier Giorgio Frassati, I, _____, choose on this day, _____, to consecrate myself totally to You, Jesus, in the Most Blessed Sacrament. All of my time, all of my talent, and all of my treasure – past, present, and future – now belongs entirely to You, Jesus, my Eucharistic Lord. You have already given Yourself totally to me in the Most Blessed Sacrament, and now I return the favour. I give myself totally to You. Make my interior and exterior life completely Eucharistic, so that I may cooperate with You in glorifying God the Father and saving souls. Amen. +

👉 Prayer number two

“O Jesus, my Eucharistic Lord and King, I love You, I adore You, I worship You, and I am totally consecrated to You in the Most Blessed Sacrament. Lord, You know all the ways I can avoid sharing the light of Your truth and the warmth of Your love in this dark and cold world. But most of all, You know that I have already chosen in the depths of my heart to give You all of my time, all of my talent, and all of my treasure – to cooperate with You in working for the glory of God and the salvation of souls. Therefore, through the intercession of Bl. Carlo Acutis, I ask You, Jesus, for the grace to live out this consecration like a “holy candle,” powerfully spreading the light of Your truth and warmth of Your love to every person I meet. Amen.”


💡 My composed prayer

👉 Now, to help ensure that this act of consecration will start to spread like wildfire throughout the “spiritual darkness” of this world, today’s invitation is to get your own “holy candle” and use it for a time of prayer. Ideally, you can find a special candle and get it blessed by a priest – then it will really become a “holy candle.” You could even use your baptismal candle.

👉 First, look at the candle without it being lit – that symbolizes our lives apart from Christ. It is impossible to have any light and warmth apart from Him see  John 15:5 “I am the vine; you are the branches. Whoever abides in me, and I in him, bears much fruit. For without me, you are able to do nothing”

💡 My Meditative Response

👉 Next, with the candle still unlit, consider how Jesus is always shining brightly from every tabernacle with His Eucharistic Presence in the “spiritual darkness” of this world see

 John 8:12 “Then Jesus spoke to them again, saying: “I am the light of the world. Whoever follows me does not walk in darkness, but shall have the light of life.”

💡 My Meditative Response

👉 Regardless of how far we might feel from Him, our Eucharistic Lord always reaches out to us in the desire that our little candles get lit and begin to radiate with the light of His truth and warmth of His love. Now, light your candle. Allow yourself to receive this holy fire as a pure gift from Our Lord. Record your thoughts

💡 My Meditative Response